



# Today's Specials

## Soups of the Day

Please see our Specials Board  
3.75

## Main Course

Please see our Specials Board  
7.50

## Pudding

Please see our Specials Board  
4.75

## 3 Courses for 14.50

Please check out our Specials  
Board for additional items

[www.flycup.org](http://www.flycup.org)

*for you!*





# Menu

## Breakfast 9 - 11am

### Breakfast Rolls

White or Brown with choice of fillings; Bacon, Sausage, Egg (Scrambled or Fried), Black Pudding, Egg Mayonnaise 4.50  
Additional item add 50p

### Eggs on Toast

White or Brown Fried, Scrambled or Poached 4.50

### Classic Breakfast

Sausages, Bacon, Choice of Eggs, Beans, Toast, Potato Scone, Black Pudding 8.75

### Classic Small Breakfast

Sausages, Bacon, choice of Eggs, Beans, Toast 6.75

### Toast

White or Brown 1.50





# Menu

**Brunch 11 - 12:30am**

## **French Toast**

Served with Berries, Greek Yoghurt, and Maple Syrup

**4.95**

## **Pancakes**

Served with either Crispy Bacon and Maple Syrup or Berries and Cream

**4.95**

## **Croque Monsieur**

Grilled Cheese and Ham Sandwich

**7.50**

## **Monte Cristo**

Egg dipped, fried Cheese and Ham Sandwich

**7.50**

## **Croissants**

Plain

**2.50**

Cheese and Ham with Side Salad

**5.50**







# Menu

## Homebakes

## Always Available

A selection of Scones, Cakes and Tray Bakes freshly baked on site



## Ask our staff about our Afternoon Teas

Please tell us if you have food intolerances and dietary requirements and we will do all we can to help





# Menu

## Salads

|                            |      |
|----------------------------|------|
| Cheese, Egg, or Mayonnaise | 4.95 |
| Ham, Beef, Tuna, or Prawn  | 4.95 |
| <b>Greek Salad</b>         | 7.50 |
| <b>Mixed Bean Salad</b>    | 7.50 |

## Jacket Potatoes

|  |      |
|--|------|
| With choice of fillings;<br>Cheese, Egg, Chicken, or Tuna Mayonnaise, Prawn Marie<br>Rose, Coronation Chicken, Baked Beans | 6.95 |
| All Served with Side Salad   |      |

## For Kids

### Sandwich

Ham & Cheese or Jam on white or brown bread

### Apple/Orange Juice

4.50

### Yoghurt, Crisps & Raisins





# Menu

## Sandwiches

All Served with Crisps and Salad

|                 |             |
|-----------------|-------------|
| <b>Sandwich</b> | <b>5.95</b> |
| <b>Wrap</b>     | <b>5.95</b> |
| <b>Toastie</b>  | <b>6.25</b> |
| <b>Panini</b>   | <b>6.45</b> |



## Fillings:

- Ham, Beef or Chicken Salad
- Ham and Cheese
- Beef & Onion Chutney
- Chicken and Stuffing
- Chicken Mayonnaise
- Coronation Chicken
- Sweet Chilli Chicken
- Tuna Mayonnaise
- Tuna & Cucumber
- Prawn Salad
- Prawn
- Prawn Marie Rose
- BLT
- Brie, Bacon & Cranberry
- Egg Salad
- Egg & Tomato
- Egg Mayonnaise
- Egg and Cress
- Cheese & Pickle
- Cheese Savoury
- Cheese & Onion
- Brie & Cranberry

## Soup & Sandwich

|                 |             |
|-----------------|-------------|
| Soup & Sandwich | <b>7.25</b> |
| Soup & Panini   | <b>8.25</b> |
| Soup & Toastie  | <b>7.95</b> |



